

THE SPOT

Natural Food Restaurant

110 Second Street
Hermosa Beach, CA 90254
(310) 376-2355
www.worldfamousspot.com

For delivery call "L.A. Bite" 310.441.2483

Did you feed the parking meter ??

We are a natural food restaurant -- most of our menu is available fat free & non-dairy -- we always serve organic whole grains & legumes -- we use seasonal organic produce when available -- we serve & cook with purified water -- our homemade bread & desserts are sweetened with organic agave -- our fat free soups never contain any oils or dairy products.

STARTERS

Guacamole & Baked Corn Tortilla Chips.....	\$5.95
Cheese Quesadilla.....	\$4.95
Baked Corn Tortillas with Melted Cheese.....	\$4.95

EL SPOTO

All of these items are AVAILABLE NON-DAIRY upon request. Please specify pinto, black or chili beans and hot or mild salsa. Add Soup \$3.95 or Salad \$4.95.

WORLD FAMOUS BURRITOS

All our burritos include organic beans & brown rice in a whole wheat tortilla. JUNIOR SIZE BURRITOS.....\$1.00 less.

EL BURRITO.....	\$9.95
With cheese and red sauce.	
SUPER BURRITO.....	\$10.95
With baked tofu, cheese and red sauce.	
GARDEN BURRITO.....	\$10.95
With garden veggies, cheese and red sauce.	
SAVORY GARDEN BURRITO™.....	\$10.95
With Savory Sauce (non-dairy).	

SANTA FE ENCHILADAS.....	\$11.95
Stacked organic corn tortillas, lettuce, tomatoes, cheese, tofu or tempeh, salsa & red sauce. Served with beans & rice.	
GARDEN CORNY.....	\$10.95
Cornbread smothered in beans, brown rice, salsa, red sauce & garden veggies.	
MEXARAMA™.....	\$10.95
Beans, brown rice, garden veggies & baked tofu with salsa and Savory Sauce.	
TOSTADA.....	\$10.95
Baked corn tortilla piled high with pinto beans, brown rice, lettuce, sprouts, carrots, cheese & salsa.	
TACOS.....	\$10.95
Two soft or CRISPY corn tortillas filled with veggie burger or baked tempeh, lettuce, tomatoes, cheese & salsa and served with rice & beans.	
NACHOS.....	\$10.95
Baked corn tortillas, beans, homemade salsa & cheddar cheese. With garden veggies, add \$1.50	
TAMALE COMBO PLATE.....	\$12.95
Tamale, Taco & Enchilada served with beans & rice.	

INFLATION BUSTERS

Add Soup \$3.95 or Salad \$4.95

DEAR JOHN™.....	\$6.95
Brown rice, pinto beans & Savory Sauce.	
DEAR LANCE™.....	\$7.95
Rice, black beans, tofu & Savory Sauce.	
DEAR MOE™.....	\$7.95
Rice, black or pinto beans, veggie of the day & Savory Sauce.	
HOMEMADE CHILI.....	\$7.95
A big bowl of kidney beans, onions & tomatoes, served with homemade cornbread, green onions & cheese.	
DEAR BUBBA™.....	\$8.95
Rice, black or pinto beans, greens (collard & mustard), Savory Sauce, cornbread and salsa.	
DEAR GEORGE™.....	\$8.95
Garden veggies served on pasta or rice with tofu and Savory Sauce.	
DEAR PATRICK™.....	\$8.95
Collard greens, black or pinto beans, tofu or tempeh & Savory Sauce.	

We accept cash & checks only

Ask about our SPECIAL CHILDREN'S DISHES and OUR WEEKEND BREAKFAST SPECIALS!

ENTREES

Served with homemade bread. Add Soup \$3.95 or Salad \$4.95

WORLD'S BEST STEAMED VEGGIES

Seasonal steamed veggies on a bed of organic brown rice

WORLD'S BEST STEAMERS™.....	\$11.95
With cheddar cheese and almonds.	
SAVORY STEAMERS™.....	\$11.95
With baked tofu or tempeh and Savory Sauce.	
TERI-TOFU YAKI™.....	\$11.95
With teriyaki sauce and sweet & sour tofu. With cheese, add.....\$1.75	

BLUE PLATE SPECIAL.....\$11.95

Veggie burger topped w/sauteed onions & mushrooms & gravy. Served w/homemade mashed potatoes & steamed veggie of the day.

MUSHROOM WALNUT LOAF™.....\$11.95

Vegetarian meatloaf with mushrooms, walnuts, brown rice & cheese (with eggs) covered with our mushroom gravy. Served with veggie of the day.

SAVORY SPUD™.....\$11.95

Our baked potatoes are stuffed with seasonal organic veggies & covered with our world famous Savory Sauce. Topped with crumbled veggie burger, tofu or tempeh add...\$1.95.

BAKED EGGPLANT.....\$11.95

Perfectly seasoned eggplant, fresh, tomatoes, bell peppers, onions, tofu, fresh garlic & marinara sauce. Served with brown rice & veggie of the day. Choice of soy or cheddar cheese.

SAVORY PRESTO PASTA™.....\$11.95

Whole wheat pasta & garden veggies covered with our Savory Sauce and soy cheese.

NEPTUNE LOAF™.....\$11.95

Fettucine pasta, veggies, tofu & cheese (with eggs) and smothered in our Savory Sauce. Served with steamed broccoli

LINGUINI.....\$11.95

Delicious Quinoa, marinara sauce & cheese. W/garden veggies add \$1.95.

SANDWICHES / VEGGIE BURGERS

Served on whole wheat bread with a side of Almond Rice

BBQ TOFU.....	\$8.95
AVOCADO.....	\$9.95
AVOCADO MELT (cheese).....	\$10.95
SPOT BURGER™.....	\$7.95
CHEESE BURGER.....	\$8.95
TERIYAKI BURGER.....	\$8.95
GUACAMOLE BURGER.....	\$10.95
CHILI BURGER.....	\$8.95
Served with cheese & green onions.	

SALADS

Served with homemade bread

HOMEMADE DRESSINGS

Creamy Avocado - low fat yogurt, avocado, green onions, tamari & spices.

Herb - A blend of herbs with soy oil and apple cider vinegar.

Tahini - Ground sesame seeds, soy oil, tamari, lemon juice & spices.

VEGETARIAN.....	\$8.95
Lettuce, shredded carrots, broccoli, seasonal veggies, sprouts & sunflower seeds.	
SPOT CHEF.....	\$9.95
Lettuce, shredded carrots, broccoli,, seasonal veggies, sprouts, sunflower seeds, tofu and cheese.	
ALMOND RICE™.....	\$9.95
Herbed brown rice & sliced almonds piled high on top of the vegetarian salad.	
TONYA'S FAVORITE.....	\$9.95
Warm brown rice, served on top of our Vegetarian Salad. Try this one with Savory Sauce.	
BOWL OF SOUP & DINNER SALAD.....	\$9.95

DESSERTS

HOMEMADE "DESERT OF THE DAY".....	\$2.50-\$4.95
COOKIE.....	\$2.50

Vol. 8.09

The Spot Breakfast

Served 10 AM - 2 PM Daily

Breakfast Bowls -- Fast, just the right size and delicious!

\$6.95 each

Veggie Burger and Brown Rice Bowl:

Smothered in savory sauce!

Tofu and Brown Rice Bowl:

Your choice of BBQ tofu, savory tofu, teriyaki tofu or tempeh. Topped with cheese or smothered in Savory Sauce!

Beans and Brown Rice Bowl:

Your choice of black, pinto or chili beans. Topped with cheese or smothered in Savory Sauce!

Breakfast Specials

\$10.95 each

Breakfast Burrito:

Whole wheat flour tortilla filled with scrambled eggs, choice of beans, and mixed vegetables. Smothered in Savory Sauce!

Tofu Scramble:

Tofu and mixed vegetables scrambled together with savory sauce. Served with brown rice and fresh fruit! (Vegan.)

Soyrizo Scramble:

Soy style chorizo scrambled together with your choice of egg or tofu. Served with brown rice, choice of beans and two corn tortillas!

(Vegan when made tofu style.)

Savory Garden Omelet:

Egg omelet filled with mixed vegetables and savory sauce then topped with savory sauce and cheese. Served with brown rice and fresh fruit!

Chili Omelet:

Egg omelet filled with our homemade chili then topped with savory sauce and cheese. Served with brown rice and fresh fruit

WE SERVE ORGANIC WINES!

Domestic and Imported

Merlot
Pinot Noir
Cabernet Sauvignon
Pinot Grigio
Chardonnay

\$6.95 a glass
\$20.95 a bottle

WE SERVE A VARIETY OF SEASONAL ORGANIC BEERS!

Wolaver's Pale Ale
Fish Tale Amber Ale
Bison Chocolate Stout

Ask about our seasonal specials!

\$4.50 a bottle

We also serve:

Coor's Lite \$3.95
Sierra Nevada Pale Ale \$4.50